

Bistecca alla pizzaiola

4 steaks

olive oil

salt and pepper

Salsa pizzaiola (see salsa pizzaiola note)

chopped herbs to garnish

Brush the steaks with oil and season with salt and pepper to taste. Lightly oil the base of a frying pan and place over moderate heat. When hot add the steaks and fry quickly for 2 minutes on each side. Spread the steaks with the sauce, cover the pan and cook over low heat for 5 to 10 minutes until tender. Transfer to a warmed serving dish, garnish with herbs and serve immediately.